



NEED HELP?

Errand assistance • Health-related information and referrals

During this time of heightened health concern, BCHD is available to offer help and support. If you or someone you know in the Beach Cities needs assistance with errands, health-related information or referrals, please call our Assistance, Information & Referral line at **310-374-3426, ext. 256**, seven days a week, 8:30 a.m. – 5 p.m.

RESOURCES:

bchd.org/coronavirus

for information about COVID-19 or
to sign up for email updates from
BCHD

bchd.org/resources

for information related to mental health
and social-emotional health for youth
and adults, support groups and
emergency services