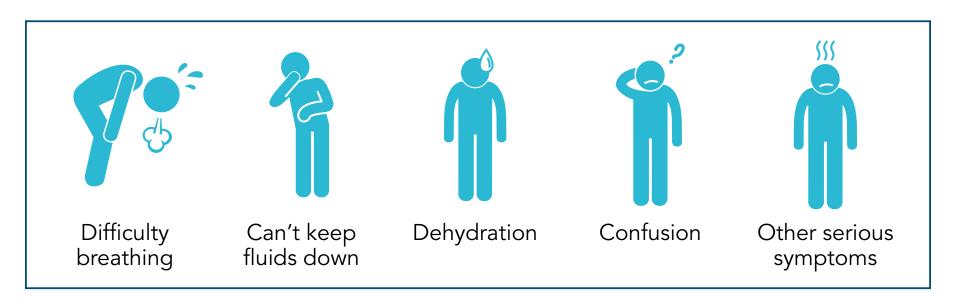


Most people with respiratory infections like the flu and COVID-19 will have mild illness and get better without needing to see a doctor.

- Stay home if you are sick.
- Call a doctor early if you are elderly, pregnant or have a weak immune system or other medical problems.
- Call your doctor's office before visiting.

SEEK MEDICAL CARE IF YOU ARE SERIOUSLY SICK



HELP PROTECT OUR COMMUNITY

If you are sick:

- Wash your hands well and often.
- Separate yourself from people and animals in your home.
- Wear a mask if you need to share a room or vehicle.
- Treatment includes taking fluids, rest and medications to help you feel better.
- Stay home until 24 hours after your fever has gone.





