

WHOLE PERSON CARE SPEAKER SERIES
JOIN US AT ONE OR BOTH FREE LECTURES BELOW



PART TWO: WEDNESDAY, SEPT 26

What Mortality Teaches Us About Living

PART THREE : TUESDAY, OCT 23

The Four Things That Matter Most

WHOLE PERSON CARE

When we're seriously ill, our health systems focus on delivering great medical care. But what about our personal care? Are we getting the emotional, spiritual and psychological support we need? Does our medical care reflect our cultural beliefs and our lifestyle priorities?

At Providence Little Company of Mary, we believe there is a highly personal side to health care that often gets overlooked. To ensure that people receive the best care possible we deliver care based on personal values, as well as medical needs.

Join us for parts two and three of this three-part series exploring how we strive to deliver whole person care and how you can ensure you and your loved ones get the best care possible.

Ira Byock, M.D. is founder and chief medical officer of the Institute for Human Caring at Providence St. Joseph Health. Dr. Byock is a leading palliative care physician, author, and public advocate for improving care through the end of life. He is an active professor emeritus of medicine and community and family medicine at the Geisel School of Medicine at Dartmouth. He is a past president of the American Academy of Hospice and Palliative Medicine and served as director for Promoting Excellence in End-of-Life Care, a national grant program of the Robert Wood Johnson Foundation. Dr. Byock is also the author of *Dying Well* (1997), *The Four Things That Matter Most* (2004), and *The Best Care Possible* (March 2012).



PART TWO: WHAT MORTALITY TEACHES US ABOUT LIVING

Join Dr. Byock to explore how mortality brings meaning to life.

WEDNESDAY, SEPT 26 | 7-8:30 P.M.
St. John Fisher Catholic Church
5448 Crest Rd., Palos Verdes

PART THREE: THE FOUR THINGS THAT MATTER MOST

Drawing from his book of the same name, Dr. Byock shares relatable journeys of seriously ill patients and their loved ones as they found reconciliation and enriched relationships through the end of life.

TUESDAY, OCT 23 | 7-8:30 P.M.
American Martyrs Catholic Church
1431 Deegan Pl., Manhattan Beach

Complimentary refreshments will be served.

Reserve your space today.
Call 888-HEALING (432-5464) or visit ProvidenceClasses.org.

